

2025 Cycle Calendar 5x3

NOV 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
V1					X	X	X						X	X	X						X	X	X						X	X
V2						X	X	X						X	X	X						X	X	X						X
V3	X						X	X	X						X	X	X						X	X	X					
V4	X	X						X	X	X						X	X	X						X	X	X				
V5	X	X	X						X	X	X						X	X	X						X	X	X			
V6		X	X	X						X	X	X					X	X	X							X	X	X		
V7			X	X	X						X	X	X						X	X	X						X	X	X	
V8				X	X	X						X	X	X						X	X	X						X	X	X

DEC 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
V1	X						X	X	X						X	X	X						X	X	X						X
V2	X	X						X	X	X						X	X	X						X	X	X					
V3	X	X	X						X	X	X						X	X	X						X	X	X				
V4		X	X	X						X	X	X						X	X	X						X	X	X			
V5			X	X	X						X	X	X						X	X	X						X	X	X		
V6				X	X	X						X	X	X						X	X	X						X	X	X	
V7					X	X	X						X	X	X						X	X	X						X	X	X
V8						X	X	X						X	X	X							X	X	X					X	X

JAN 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F
V1	X	X						X	X	X						X	X	X						X	X	X					
V2	X	X	X						X	X	X						X	X	X							X	X	X			
V3		X	X	X						X	X	X					X	X	X							X	X	X			
V4			X	X	X						X	X	X						X	X	X					X	X	X			
V5				X	X	X						X	X	X						X	X	X						X	X	X	
V6					X	X	X						X	X	X						X	X	X						X	X	X
V7						X	X	X						X	X	X						X	X	X					X	X	X
V8	X						X	X	X						X	X	X							X	X	X					X

FEB 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F		
V1	X	X	X						X	X	X						X	X	X						X	X	X			
V2		X	X	X						X	X	X						X	X	X						X	X	X		
V3			X	X	X						X	X	X						X	X	X						X	X		
V4				X	X	X						X	X	X						X	X	X						X		
V5					X	X	X						X	X	X						X	X	X							
V6						X	X	X						X	X	X						X	X	X						
V7	X						X	X	X						X	X	X						X	X	X					
V8	X	X						X	X	X						X	X	X						X	X	X				

MAR 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
V1					X	X	X						X	X	X						X	X	X						X	X	X
V2						X	X	X						X	X	X							X	X	X					X	X
V3	X						X	X	X						X	X	X							X	X	X					X
V4	X	X						X	X	X						X	X	X						X	X	X					
V5	X	X	X						X	X	X						X	X	X						X	X	X				
V6		X	X	X						X	X	X						X	X	X						X	X	X			
V7			X	X	X						X	X	X						X	X	X						X	X	X		
V8				X	X	X						X	X	X						X	X	X						X	X	X	

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APR 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
V1						X	X	X						X	X	X						X	X	X						X
V2	X						X	X	X						X	X	X						X	X	X					
V3	X	X						X	X	X						X	X	X						X	X	X				
V4	X	X	X						X	X	X						X	X	X						X	X	X			
V5		X	X	X						X	X	X						X	X	X						X	X	X		
V6			X	X	X						X	X	X						X	X	X						X	X	X	
V7				X	X	X						X	X	X						X	X	X						X	X	X
V8					X	X	X						X	X	X						X	X	X						X	X

MAY 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
V1	X	X						X	X	X					X	X	X							X	X	X					
V2	X	X	X						X	X	X						X	X	X						X	X	X				
V3		X	X	X						X	X	X						X	X	X						X	X	X			
V4			X	X	X						X	X	X						X	X	X						X	X	X		
V5				X	X	X						X	X	X						X	X	X						X	X	X	
V6					X	X	X						X	X	X						X	X	X						X	X	X
V7						X	X	X						X	X	X						X	X	X					X	X	
V8	X						X	X	X						X	X	X							X	X	X					X

JUN 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
V1	X	X	X						X	X	X						X	X	X						X	X	X			
V2		X	X	X						X	X	X						X	X	X						X	X	X		
V3			X	X	X						X	X	X						X	X	X						X	X	X	
V4				X	X	X						X	X	X						X	X	X						X	X	X
V5					X	X	X						X	X	X						X	X	X						X	X
V6						X	X	X						X	X	X						X	X	X						X
V7	X						X	X	X						X	X	X						X	X	X					
V8	X	X						X	X	X						X	X	X							X	X	X			

JUL 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
V1			X	X	X						X	X	X						X	X	X						X	X	X		
V2				X	X	X						X	X	X						X	X	X						X	X	X	
V3					X	X	X						X	X	X						X	X	X						X	X	X
V4						X	X	X						X	X	X						X	X	X					X	X	X
V5	X						X	X	X						X	X	X						X	X	X						X
V6	X	X						X	X	X						X	X	X						X	X	X					
V7	X	X	X						X	X	X							X	X	X					X	X	X				
V8		X	X	X						X	X	X						X	X	X						X	X	X			

AUG 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
V1				X	X	X						X	X	X						X	X	X						X	X	X	
V2					X	X	X						X	X	X						X	X	X						X	X	X
V3						X	X	X						X	X	X						X	X	X						X	X
V4	X						X	X	X						X	X	X						X	X	X						X
V5	X	X						X	X	X						X	X	X						X	X	X					
V6	X	X	X						X	X	X						X	X	X						X	X	X				
V7		X	X	X						X	X	X							X	X	X						X	X	X		
V8			X	X	X						X	X	X						X	X	X						X	X	X		

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SEP 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
V1					X	X	X						X	X	X						X	X	X						X	X
V2						X	X	X						X	X	X						X	X	X						X
V3	X						X	X	X						X	X	X						X	X	X					
V4	X	X						X	X	X						X	X	X						X	X	X				
V5	X	X	X						X	X	X						X	X	X						X	X	X			
V6		X	X	X						X	X	X						X	X	X						X	X	X		
V7			X	X	X						X	X	X						X	X	X						X	X	X	
V8				X	X	X						X	X	X						X	X	X						X	X	X

OCT 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F
V1	X						X	X	X						X	X	X						X	X	X						X
V2	X	X						X	X	X						X	X	X						X	X	X					
V3	X	X	X						X	X	X						X	X	X						X	X	X				
V4		X	X	X						X	X	X						X	X	X						X	X	X			
V5			X	X	X						X	X	X					X	X	X						X	X	X			
V6				X	X	X						X	X	X						X	X	X						X	X	X	
V7					X	X	X						X	X	X						X	X	X						X	X	X
V8						X	X	X						X	X	X							X	X	X					X	X

NOV 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
V1	X	X						X	X	X						X	X	X						X	X	X				
V2	X	X	X						X	X	X						X	X	X						X	X	X			
V3		X	X	X						X	X	X						X	X	X						X	X	X		
V4			X	X	X						X	X	X					X	X	X							X	X	X	
V5				X	X	X						X	X	X						X	X	X						X	X	X
V6					X	X	X						X	X	X						X	X	X						X	X
V7						X	X	X						X	X	X						X	X	X						X
V8	X						X	X	X						X	X	X							X	X	X				

DEC 2025	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
V1		X	X	X						X	X	X						X	X	X						X	X	X			
V2			X	X	X						X	X	X						X	X	X						X	X	X		
V3				X	X	X						X	X	X						X	X	X							X	X	X
V4					X	X	X						X	X	X						X	X	X						X	X	X
V5						X	X	X						X	X	X						X	X	X						X	X
V6	X						X	X	X						X	X	X						X	X	X						X
V7	X	X						X	X	X						X	X	X						X	X	X					
V8	X	X	X						X	X	X						X	X	X						X	X	X				