

2024 Cycle Calendar 5x3

OCT 2023	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
V1		X	X	X						X	X	X						X	X	X						X	X	X			
V2			X	X	X						X	X	X						X	X	X						X	X	X		
V3				X	X	X						X	X	X						X	X	X						X	X	X	
V4					X	X	X						X	X	X						X	X	X						X	X	X
V5						X	X	X						X	X	X						X	X	X						X	X
V6	X						X	X	X						X	X	X						X	X	X						X
V7	X	X					X	X	X							X	X	X						X	X	X					
V8	X	X	X						X	X	X						X	X	X						X	X	X				

NOV 2023	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
V1			X	X	X						X	X	X						X	X	X						X	X	X	
V2				X	X	X						X	X	X						X	X	X						X	X	X
V3					X	X	X						X	X	X						X	X	X						X	X
V4						X	X	X						X	X	X						X	X	X						X
V5	X						X	X	X						X	X	X						X	X	X					
V6	X	X						X	X	X					X	X	X							X	X	X				
V7	X	X	X						X	X	X					X	X	X							X	X	X			
V8		X	X	X						X	X	X						X	X	X						X	X	X		

DEC 2023	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
V1					X	X	X						X	X	X						X	X	X						X	X	X
V2						X	X	X						X	X	X						X	X	X						X	X
V3	X						X	X	X						X	X	X						X	X	X						X
V4	X	X						X	X	X						X	X	X						X	X	X					
V5	X	X	X						X	X	X					X	X	X							X	X	X				
V6		X	X	X						X	X	X					X	X	X						X	X	X				
V7			X	X	X						X	X	X						X	X	X						X	X	X		
V8				X	X	X						X	X	X							X	X	X						X	X	X

JAN 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
V1						X	X	X						X	X	X						X	X	X						X	X
V2	X						X	X	X						X	X	X						X	X	X						X
V3	X	X						X	X	X						X	X	X						X	X	X					
V4	X	X	X						X	X	X					X	X	X							X	X	X				
V5		X	X	X							X	X	X					X	X	X						X	X	X			
V6			X	X	X						X	X	X						X	X	X						X	X	X		
V7				X	X	X						X	X	X						X	X	X						X	X	X	
V8					X	X	X						X	X	X							X	X	X					X	X	X

FEB 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	
	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	
V1	X						X	X	X						X	X	X						X	X	X					
V2	X	X						X	X	X					X	X	X							X	X	X				
V3	X	X	X						X	X	X					X	X	X							X	X	X			
V4		X	X	X						X	X	X				X	X	X							X	X	X			
V5			X	X	X						X	X	X					X	X	X							X	X	X	
V6				X	X	X					X	X	X						X	X	X						X	X	X	
V7					X	X	X						X	X	X						X	X	X						X	
V8						X	X	X						X	X	X						X	X	X						

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MAR 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
V1		X	X	X						X	X	X						X	X	X						X	X	X				
V2			X	X	X						X	X	X						X	X	X						X	X	X			
V3				X	X	X						X	X	X						X	X	X						X	X	X		
V4					X	X	X						X	X	X					X	X	X							X	X	X	
V5						X	X	X						X	X	X					X	X	X							X	X	
V6	X						X	X	X						X	X	X						X	X	X						X	
V7	X	X						X	X	X						X	X	X						X	X	X						
V8	X	X	X						X	X	X						X	X	X						X	X	X					

APR 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T		
V1			X	X	X						X	X	X						X	X	X						X	X	X			
V2				X	X	X						X	X	X						X	X	X						X	X	X		
V3					X	X	X						X	X	X						X	X	X						X	X		
V4						X	X	X						X	X	X						X	X	X							X	
V5	X						X	X	X						X	X	X						X	X	X							
V6	X	X						X	X	X					X	X	X							X	X	X						
V7	X	X	X						X	X	X							X	X	X						X	X	X				
V8		X	X	X						X	X	X						X	X	X							X	X	X			

MAY 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F
V1					X	X	X						X	X	X						X	X	X						X	X	X
V2						X	X	X						X	X	X						X	X	X						X	X
V3	X						X	X	X						X	X	X						X	X	X						X
V4	X	X						X	X	X					X	X	X							X	X	X					
V5	X	X	X						X	X	X					X	X	X							X	X	X				
V6		X	X	X						X	X	X					X	X	X						X	X	X				
V7			X	X	X						X	X	X						X	X	X						X	X	X		
V8				X	X	X						X	X	X						X	X	X						X	X	X	

JUN 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
V1						X	X	X						X	X	X						X	X	X						X	
V2	X						X	X	X						X	X	X						X	X	X						
V3	X	X						X	X	X						X	X	X						X	X	X					
V4	X	X	X						X	X	X					X	X	X							X	X	X				
V5		X	X	X						X	X	X						X	X	X						X	X	X			
V6			X	X	X						X	X	X						X	X	X						X	X	X		
V7				X	X	X						X	X	X						X	X	X						X	X	X	
V8					X	X	X						X	X	X						X	X	X						X	X	

JUL 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
V1	X	X						X	X	X					X	X	X						X	X	X						
V2	X	X	X						X	X	X					X	X	X						X	X	X					
V3		X	X	X						X	X	X						X	X	X						X	X	X			
V4			X	X	X						X	X	X						X	X	X						X	X	X		
V5				X	X	X						X	X	X						X	X	X						X	X	X	
V6					X	X	X						X	X	X						X	X	X						X	X	X
V7						X	X	X						X	X	X						X	X	X						X	X
V8	X						X	X	X						X	X	X							X	X	X					X

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AUG 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
V1	X	X	X						X	X	X						X	X	X						X	X	X							
V2		X	X	X						X	X	X						X	X	X						X	X	X						
V3			X	X	X						X	X	X						X	X	X						X	X	X					
V4				X	X	X						X	X	X						X	X	X						X	X	X				
V5					X	X	X						X	X	X						X	X	X						X	X	X			
V6						X	X	X						X	X	X						X	X	X						X	X			
V7	X						X	X	X						X	X	X							X	X	X						X		
V8	X	X						X	X	X						X	X	X							X	X	X							

SEP 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M					
V1		X	X	X						X	X	X						X	X	X						X	X	X							
V2			X	X	X						X	X	X						X	X	X						X	X	X						
V3				X	X	X						X	X	X						X	X	X						X	X	X					
V4					X	X	X						X	X	X						X	X	X						X	X	X				
V5						X	X	X						X	X	X						X	X	X								X			
V6	X						X	X	X						X	X	X							X	X	X									
V7	X	X						X	X	X						X	X	X							X	X	X								
V8	X	X	X						X	X	X						X	X	X							X	X	X							

OCT 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T				
V1				X	X	X						X	X	X						X	X	X						X	X	X					
V2					X	X	X						X	X	X						X	X	X						X	X	X				
V3						X	X	X						X	X	X						X	X	X						X	X	X			
V4	X						X	X	X						X	X	X							X	X	X							X		
V5	X	X						X	X	X						X	X	X							X	X	X								
V6	X	X	X						X	X	X						X	X	X							X	X	X							
V7		X	X	X						X	X	X						X	X	X							X	X	X						
V8			X	X	X						X	X	X						X	X	X						X	X	X						

NOV 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S						
V1					X	X	X						X	X	X						X	X	X							X	X					
V2						X	X	X						X	X	X						X	X	X									X			
V3	X						X	X	X						X	X	X							X	X	X										
V4	X	X						X	X	X						X	X	X							X	X	X									
V5	X	X	X						X	X	X						X	X	X							X	X	X								
V6		X	X	X						X	X	X						X	X	X							X	X	X							
V7			X	X	X						X	X	X						X	X	X							X	X	X						
V8				X	X	X						X	X	X						X	X	X							X	X	X					

DEC 2024	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T							
V1	X						X	X	X						X	X	X						X	X	X									X				
V2	X	X						X	X	X						X	X	X						X	X	X											X	
V3	X	X	X						X	X	X						X	X	X							X	X	X										
V4		X	X	X						X	X	X						X	X	X							X	X	X									
V5			X	X	X						X	X	X						X	X	X							X	X	X								
V6				X	X	X						X	X	X							X	X	X						X	X	X							
V7					X	X	X						X	X	X							X	X	X						X	X	X						
V8						X	X	X						X	X	X							X	X	X									X	X			